COSMO ZOOMS

All of the dogs who live on Pumpkin Lane are really, really good at something. All of them that is, except Cosmo. But an afternoon nap in an unusual spot is about to change everything......

Author and Illustrator: Arthur Howard Pages: 32 Ages: 3 to 7

Themes: Self esteem; develop friendships

Haven't we all had days when we didn't feel like we "measured up"? We all have to find our hidden talents plus figure out how to feel comfortable in our own skin.

Just like Cosmo, your child can feel a real sense of accomplishment when they learn how to something new.

How about making a chart to show the new things your child is learning!

Write your child's name at the top of a big piece of paper or tag board and include their picture. The refrigerator or their bedroom door is a great place to hang this.

With each new task learned, paste a picture of something they can cut out of a catalog or magazine that reflects the accomplishment. Example: If they've learned how to put their coat on by themselves, cut out a picture of a winter coat. If they've learned how to help pick up their toys, cut out a picture of a toy that they have and glue it on the paper.

Not only is your child learning how to do new things, they're also helping to create a "proud poster" to remind them of all of the new and exciting things they're learning to do.