

## Countdown to Kindergarten

Everyone knows there's just one thing you need to be able to do before they let you into kindergarten -----

**TIE YOUR SHOES ALL BY YOURSELF!**

So what is an almost-kindergartner to do when she can't ..... though she tries and tries and tries again?

Publisher: Alison McGhee

Illustrator: Harry Bliss

Ages: 3-7

Pages: 28

Themes: Sense of humor; Preparation for school; overcoming anxiety

Congratulations! Your child will be getting ready for kindergarten within the next year or two and what an exciting time this is.

This book focuses on a little girl who is ready for school but one "misunderstanding" makes her anxious about whether she really is ready. It isn't until she talks with other kids in her class that she finds out they didn't need to worry.

One of the most important things you can do to prepare your child for this big step is to LISTEN and TALK! Your child may not want to share their feelings right now, but it's good for them to know that you are concerned and will listen if and when they are ready to share. You might want to share some of the memories you have about your first day of school.