

DREAMING

A beautiful lullaby is spun into this book that invites readers to count the elements of a dream: 10 houses, 9 trees, 8 leaves...all the way down to 1 child curled comfortably in bed.

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Ages: 4-8

Pages: 32

Themes: Counting; object recognition; learning more about dreams

Talk with your child about dreams he/she may have had. Can you share with your child a dream or dreams you have had? Dreams may sound funny when they're told slowly, but of course they're not anything to make fun of. Explain that sometimes dreams seem real, but that they are only thoughts in pictures. Most children know what night dreaming is, but have any of them heard of daydreaming? Explain that daydreaming is a time when people sit and think about:

- things that have happened;
- things that might happen;
- places they would like to go;
- people or things they would like to be.

You could encourage your child to sit for a few minutes and daydream about something or somewhere. When you say that daydreaming time has ended, how about getting out paper and colors to draw about a daydream!