

HOW DO DINOSUARS SAY GOOD NIGHT?

Every sleepy little dinosaur will recognize the tricks of the trade in these bedtime shenanigans, as a variety of human mothers and fathers try to put their dinosaur children to bed.

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Themes: Develop imagination; try out different roles; learn to do things independently

We all know that at one point or another, every child, including ourselves, probably has objected to going to bed. There's something about "calling it a day" that makes a child feel like they're losing control so rather than having it be a fight to the finish, how about letting your child make some decisions about bedtime. Deciding which pajamas to wear, how many pillows to use, which book to read or even which end of the bed to sleep at may make them feel like they have a little more control over the situation. If they have some stuffed "buddies", let your child tuck them into their sleeping spots as well. By pretending to be the parent or caregiver, they'll probably feel more responsible.

"They give a big hug, then give one kiss more. Good night. Good night, little dinosaur."