

THE UP AND DOWN BOOK

Bright colors and a thoughtful topic! What's up and what's down?

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Ages: 0-3 years

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Themes: Color identification; imagination

“As an adult, we often forget what it was like in childhood, always to be looking up at so much of the world. We looked up at the grownups who controlled so much that happened, and we looked up at the tables where so much interesting things seemed to be. Having to look up at the world like that all the time must have made us feel small and powerless. How exciting it was when, from a parent's shoulders or some other safe perch, we could look down at things for a change!

For children who have only recently mastered the ability to stand without falling, up and down can have extra special significance. Little wonder that children often like to build things up and knock them back down again: They're in control of what happens. It's easy for adults to become annoyed with this fascination for knowing things down, but sensitive caregivers soon find ways to support children's ways of learning and practicing more about up and down.”

Fred Rogers