

WATCH ME DANCE

Author: Andrea and Brian Pinkney
Illustrator: Brian Pinkney
Ages: 6 months to 3 years
Pages: 16 pages

Themes: Develop coordination
Develop muscle control

Turn on the radio or tape player and encourage your child to listen to the rhythm and move in different ways. You may want to tap out the time.....one, two, three or one, two, three, four. Do the different rhythms make the children want to move in different ways. Older children may be able to skip and gallop to the rhythm. For younger children, you may want to alternate between music with a fast rhythm and a slow rhythm.

Listening to the music and dancing is fun but it also helps to develop coordination by dancing and clapping at the same time.

How many times have you heard your child say “watch me”! Remember that by taking the time to watch your child dance, play or show you something they’re proud of, and you show your approval and support, you’re helping to build their self esteem and encouraging them to try new things and grow.