

# WEMBERLY WORRIED

Poor Wemberly worries about everything! And her newest worry is her biggest one yet; the first day of nursery school. But when she meets another mouse who is just like her, she has one less worry. Now she has a friend – and school is fun.

Author: Kevin Henkes

Ages: 3 – 6

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Themes: Emotions; sense of humor; growing up

All of us have a few insecurities. Sometimes when children are faced with new situations or feel uncomfortable about something new, we need to help them face these new thing and know that we, as the “big people” love them and are here to help them gain confidence. Remember not to make light of your child’s worries. Overcoming these fears is a part of their emotional development.

As you’re reading this book to your child, don’t worry that you’re turning your child into a “worry wart”. Have fun with the story and assure your child that Wemberly has nothing to worry about because her parents are there for her and the new experiences around her are helping her are helping her to become a big girl. As long as Wemberly (and your child) know that any time they have worries or questions about things going on in their life, they need to talk to their parents and they will help them feel safe and loved as they grow up.