WHERE'S MY TEDDY?

When a small boy named Eddie goes searching for his lost teddy in the woods, he comes across a gigantic bear with a similar problem. Both Eddie and the bear turn tail and flee, and are last seen huddled in their own bed, each clutching his own teddy.

Author and Illustrator: Jez Alborough Pages: 32 Ages: 4-6

Themes: Big and small; Things that scare you

Poor Eddie! Poor Bear! They were in the same predicament, having lost their favorite Teddys. This book talks about Eddie's fear of the dark woods. If your child has something that scares him/her, here's your opportunity to tell your child what you did when something scared you as a child. What helped you overcome your fears? Share your experience with your child and then give him/her a chance to talk about things that scare them. What kinds of things can they do when they feel afraid? To whom can they go to for help and comfort? You might reassure them that talking or drawing about scary things can sometimes make them feel better.

Big and small is an interesting concept. Give your child a deflated balloon and have them blow it up. This is a really simple example of small and big. Show him/her a picture of you as a child and have them compare the photo to how you look now as an adult....small and big. Remember to tell them one isn't better than the other. It's just a natural change.