

# YOU AND ME, LITTLE BEAR

In this affectionate picture book about child-adult interaction, the author of this book tells a classic tale about helping and playing. This book rings with familiar feelings for children as it offers parents a gentle reminder to make time to play!

Author: Martin Waddell

Illustrator: Barbara Firth

Pages: 32

Ages Toddler-6 years old

Themes: Responsibility, spending time together

“Be the best of whatever you are.” This is a quote from Miss Emilie from Mister Rogers Neighborhood and they are truly words to live by. A child can learn how to help out around the house and you can help them learn how to have fun doing it! When a child is really young, make it a fun time when you both pick up toys and books and put them in their “special places”.

Talk about some jobs around the house that your child is old enough to do.....wiping off the table; putting away toys; matching socks. These may seem like simple tasks but by helping out, they’re learning responsibility plus it makes them feel like big boys and girls. This is also a great way to help build their self- esteem and self-worth.

Remember to reward your kids with a thank you and some fun time spent together!