

SHAKE SHAKE SHAKE

Author: Andrea and Brian Pinkney
Illustrator: Brian Pinkney
Ages: 6 months to 3 years
Pages: 16 pages

Themes: Develop Creativity
Express feelings through music

Everyone has his/her own kind of music that they enjoy so let your child make their own rhythm rattle. You can use cardboard tubes (paper towel tubes/toilet paper tubes), waxed paper or any kind of soft paper, rubber bands, unpopped popcorn, dried beans or small pebbles.

Let your child decorate the tube with colors or markers to make it look as decorative as they'd like and then:

- * Cover one end of the tube with waxed paper and fasten it with a rubber band.
- * Pour a small handful of popcorn into the tube.
- * Cover the other end of the tube with waxed paper and fasten with a rubber band.

When your child has finished making their rhythm rattle, turn on some music and let them play along. If you have more than one child in your home, you can have a full band of rhythm makers. If you find that one of your children doesn't want to do this particular project, you could let them decorate the cardboard tubes or play with them in some other way. By accepting their ideas, you let the children know that there are many different ways to be creative.